

## **BARLEY SALAD**

### **Ingredients**

1/2 cups uncooked pearl barley  
1 cup fresh corn kernels (about 2 ears)  
1 cup diced seeded plum tomato (about 2 sm)  
1/2 cup chopped green onions  
1/4 cup chopped fresh flat-leaf parsley  
3 tablespoons fresh lemon juice  
2 tablespoons olive oil  
1/4 teaspoon salt  
1/4 teaspoon freshly ground black pepper  
1 garlic clove, minced

### **Preparations**

Cook barley according to package directions, omitting salt. Drain and rinse with cold water; drain. Cool completely. Combine barley, corn, tomato, green onion and parsley in a bowl. In small bowl combine juice and next 4 ingredients (through garlic), stirring well with a whisk; drizzle over barley mixture. Toss to coat.  
Optional - Sprinkle with feta cheese.