

Workshop Listings – Ages 13 – Adults

Please note that the workshop schedule is different for this age group. The price for these workshops is \$15.00, plus any materials fees.

Session One – Thursday, April 11, 9:15 – 12:00

Scherenschnitte – (8) Scherenschnitte is a traditional German art of paper cutting. Beginning in the 1600's as an early form of "portrait making" it is still practiced today every time someone cuts a paper snowflake. From pictures of people to whimsical animals, paper cutting was a way to create cards, artwork, and decorations. This class will discuss a bit of history, go over techniques and processes, and how to develop a pattern. Participants will be able to make several seasonal scherenschnitte and take some patterns home, too. Participants should bring a photograph or picture of a family member (including pets) to be used for a tracing project. Instructor: Kat Muller

German Stars – (8) German folks would make an everyday item as pleasant as possible using what they had on hand. The German Star is created by hand sewing yarn in multiple layers over a star pattern and cutting it out. Come give it a try. You should be able to complete a finished project. Instructor: Darlene Repsher

Session Two – Thursday, April 11, 12:45 – 4:00

Blacksmithing – (4) Participate in a hands-on demonstration and learn the basic techniques of a blacksmith. A blacksmith is someone who makes tools and equipment from iron and steel. Blacksmithing has been around for thousands of years. Students in this workshop will learn fire and forge safety, some blacksmithing history and basic forging skills. Students will work on making a simple "J" hook. Both boys and girls are welcome to take this program. All students are required to wear closed toed shoes and be wearing clothes containing only natural materials, such as cotton (no synthetic fabrics). Students are encouraged to bring their own work gloves and safety goggles, and please wear clothes that you don't mind being damaged. Instructor: Kat Muller

Fireplace Cooking – (6) Discover how meals were cooked before we had electric or gas stoves with temperature controls and heating elements. Participants will make a complete meal using period cookware and then sample their work. Please wear clothes you do not care about and do not wear any clothes that will dangle over the fire. In addition, if you have long hair, please have it pulled back for safety. Instructor: Cheryl Statham

Map Making and the History of Maps – (12) Participants will learn about the evolution of maps and map making from the Revolutionary War to modern day. Hands on instruction will include a chance to use compasses in small groups, map making tools, and even work a bit on drawing their own map. Instructor: Gil Lanterman

Session One – Friday, April 12, 9:15 – 12:00

Wheatweaving – (10) Spend a few hours learning this ancient craft, which developed wherever wheat was grown. Learn basic beginning skills and make a friendship ring, fertility ring and mordiford heart to take home. Participants will also learn some of the history of the craft and see other examples of wheatweaving from around the world. Instructor: Cheryl Statham

Introduction to Knitting – (6) Students participating in this program will learn the basic stitches of knitting, including knit, pearl, casting on and casting off. There will be a brief discussion about the history of knitting as well as types of material used. Students will have a chance to complete a small pot holder to take home. Yarn and needles will be provided for use in the workshop, and participants will be able to take the needles home with them. Instructor: Kat Muller **Materials Fee - \$5.00**

Herbal Gifts – (10) Simple herbs that you can grow yourself may be turned into special gifts that others will love. Come join us as we learn how to sew dream pillows and scented hearts that will be filled with your choice of herbs. We will then make herbal salt, herbal tea (to drink and take home) and herb infused honey. Perhaps you will be inspired to grow your own herbs for gift making. Instructor: Flora Shubert **Materials Fee - \$7.00**

Session Two – Friday, April 12, 12:45 – 4:00

Introduction to Whittling – (6) Participants will learn the basics of whittling, or hand carving on wood. Students will be making a wooden apple core that they will take home with them. Knives and wood will be provided. Instructor: Gary Oiler **Materials Fee - \$3.00**

Introduction to Orienteering (10) The focus of this seminar will be to develop a basic understanding of orienteering. The program will include an introduction in the use of topographic maps paired with an orienteering compass. Students will learn how to set up a topographic map using an orienteering compass. Then they will navigate a simple walking course giving the attendees hands-on experience with maps, compass navigation and map making using the basics of triangulation. If time allows, students will also use a GPS unit as another means of orienteering.

Materials Fee - \$15.00 to purchase compasses and maps. Instructor: Peter Heilakka

Workshop Listings – Ages 9- 12

Please note that these workshops work on a different time schedule from the older students. The price of these workshops is \$10.00 plus any materials fees.

Session One – Thursday, April 11, 9:15 – 10:30

Paper Marbling – (15) The art of Paper Marbling is an old one with its origins in Asia and its use in many cultures through the centuries. In this class, students will learn the technique of creating paper designs with paint suspended in liquid. The resulting artwork is always unique, complex, colorful and beautiful. Work to the wise: dress for mess. Instructor: Becky Costanza

Cooking With Herbs – (10) Learn about herbs and their many uses. Were they added to food to make it taste better or was there another reason. Take a deeper look into the spice rack while enjoying the flavors and fragrances of herbs. Instructor: Jen Keim

A Day in the Life of an 1800's Boy – (8) Learn what chores and skills a boy in the 1800's was expected to do and know. Learn how to use a hatchet, ax and twoman saw, carry wood to the wood pile and carry water to the kitchen. Bring your muscles and try out life in the past. Instructor: Milton Mosier

Session Two – Thursday, April 11, 10:45 – 12:00

Scruffitto Pottery – (12) Students will make small trays from slabs of clay, then use slip and sgraffito to decorate them. Slip is a clay that has been watered down to a creamy consistency and can be colored. Sgraffito involves painting a layer of a different color slip on clay, then carving through it to reveal the different colored clay beneath. Slip and sgraffito were both used in decorating pottery at the time people settled into Quiet Valley and both are still used today. Instructor: Joan Glusiec

Create Your Own Weather Station – (10) Believe it or not, people did not always have phones that told them what the weather was going to be. Our ancestors had to figure it out for themselves, and they devised some simple instruments to help them do just that. We will be making a portable sundial and a weather vane. Participants will also learn how to make a barometer at home. Instructor: Cheryl Statham

More Spooky Farm Stories – (15) This workshop is only for the brave, because these stories might make your hair stand on end! Hear some scary stories and superstitions of the Pennsylvania German people. Sign up if you dare! Instructor: Norallah Downing

The Life of a Civil War Soldier – (20) This will be an outside workshop where the young people can see, touch, smell and hear all about the daily life of a Civil War soldier. Try on a uniform, see what they carried in their packs, build a shelter, make a meal and, of course, fire a gun and ask as many questions as you would like. Instructor: Bill Watson

Session Three – Thursday, April 11, 12:45 – 2:15

Victorian Tea Party (10) Participants will be experiencing a proper Victorian Tea. They will be learning about the etiquette surrounding the event and the history behind the grand tea. Instructor: Kellcey Repsher

Apple Hand Pies – (8) Take home your very own delicious apple hand pie. We will learn about the life cycles of apples, hear apple stories, and create some apple crafts. Plus you will bake, from scratch, your own rustic apple hand pie as they would have done all those years ago on the farm. Instructor: Alexyss Schatzman

Pond Study – (12) Many of you may not be aware that Quiet Valley has a pond that we take ice off of in the winter. Many other creatures call that pond home. Would you like to see them? After a walk out to our pond, students will have the opportunity to observe and record living creatures within the water. After scooping up our samples we will then take time to learn about what we have found. Wear boots and your not-so-good clothes for this class. Instructor: Jen Keim

Soap Making – (12) Students will learn a basic history of the ancient art of soap making, and the history of bathing and personal hygiene. Then, they will make their own bar of glycerin soap. Instructor: Tina Matuic

Folk Music and Songs – (10) Students in this class will begin to explore traditional folk melodies, songs and instruments. Participants will learn some fun (new to them) old songs by singing along. They will also be able to play along on instruments such as a dulcimer and percussions. Instructor: Mary Lanterman

Session Four – Thursday, April 11, 2:30 – 4:00

Cornerball and Other Games – (unlimited) – What is Cornerball? It is an old Pennsylvania-German group game that is part baseball, part dodgeball and all fun. It is easy to learn but involves quite a bit of strategy. So, practice your throwing skills and come help your team win the game!

Session One – Friday, April 12, 9:15 – 10:30

Bread Making (8) Students will be creating and baking their own loaf of yeast bread. There will be a discussion on the difference between a yeast bread and a quick bread. Each student will take a loaf home. Instructor: Darlene Repsher

Our Changing Ecology – (12) Learn about Pennsylvania's ever changing ecology over the past 300 years. Many things have changed and most people are not aware of it. Pennsylvania forests and animals have undergone tremendous changes since the arrival of the first settlers. This program will be held outdoors so students should dress appropriately. Students will be provided with a take home packet. Instructor: Jen Keim

The Life of a Civil War Soldier – (20) This will be an outdoor workshop where participants will be able to see, hear, touch and taste all about the life of a Civil War soldier. Try on some of the clothes, see what they carried in their packs, build a shelter, make a meal and, of course, fire a gun, and ask as many questions as you would like. Instructor: Bill Watson

Session Two – Friday, April 12, 10:45 – 12:00

Theorem Stencil Painting – (10) Theorem stencil, sometimes also called theorem painting or velvet painting, is the art of making stencils and using them to make drawings or paintings on fabric or paper. A vogue for theorem stencil painting began in England at the turn of the 18th century. The art was first taught to women in academies and boarding schools throughout colonial New England. It continued to be taught into the mid-1800's in many other areas. The designs are traditionally painted on velvet and the work is then framed or matted. The stencils are multiple overlays and designs are always three-dimensional,

primitive and stylized in nature. The resulting design is bridgeless – there are no gaps in between the overlays. Subjects often included foods, scenes, and symbols that were popular in the artist's area. Instructor: Meg Weinhofer **Materials Fee - \$5.00**

Penn's Woods: Trees and Their Uses – (12) Not all trees are the same. Learn about trees native to Pennsylvania and the different ways they can be used. Which wood is best for burning? Which is best for furniture? Tree leaf identification will also be part of this workshop. Many examples of wood will be available to touch and see. Instructor: Milton Mosier

Rag Doll Workshop – (6) A doll has been a popular children's toy for centuries, so we will be constructing a simple doll similar to what farm children would have had here at Quiet Valley. We will be using natural materials that would have been available in the 1800's. Basic skills such as sewing will be practiced and all students should go home with a simplified version rag doll complete with a boy's or girl's outfit and hair. Instructor: Deb DiPasquale

Slingshot FUNdamentals – (8) Here by popular request by several barn boys, we are offering a class in how to make and (safely) use a slingshot. Students will be led through every step in the construction of a slingshot and then be shown how to use them. **Parents must attend this workshop with their child!** Instructor: Peter and Deb Heilakka

Session Three – Friday, April 12, 12:45 – 2:15

Herbal Gifts – (10) Simple herbs that you may grow yourself can be turned into special gifts that others will love. Come join us as we learn how to make herbal tea (to drink and take home), herb infused honey and a scented sachet. Perhaps you will be inspired to grow your own herbs for gift making! Instructor: Flora Schubert **Materials Fee: \$5.00**

Fireplace Cooking – (8) This class will be an adventure in cooking. Learn how to cook over a real fire in our cellar kitchen. Experience the daily life of our ancestors and all of the steps it took to feed a family in the 1800's. This workshop

will include fire making skills, old time recipes and cooking techniques. Instructor: Alexyss Schataman

Survival Skills – (10) Learn several basic survival skills in this workshop that students will be able to use in many different situations. Participants will learn several different fire starting methods, fire safety and fire building, how to collect and make kindling and how to use a hatchet to build a basic shelter. Wear clothes that are not the best, as you will be getting dirty. Instructor: T.J. Salmon

Session Four – Friday, 2:30 – 4:00

Kit's Interactive Theatre – Colonial Life – This enjoyable program is based on the life on an indentured servant. Though days of rest and merriment are few, today is the day of the Colonial Fair. Village people strive to quickly finish their work before they go to the fair. Servant Katie Cotzwold is also hurrying to make her deliveries. She encounters various townsfolk that participants will enjoy meeting. Finally she is off to the village square to join in the fun. A variety of colonial games are played by the folks in the village (that's you!). The day concludes with a colorful Maypole dance. **This is a free program, but reservations are mandatory as seating is limited to 40 people.** Instructor: Kitty Jones

Workshop Listings – Ages 6 – 8

Please note that these workshops work on the same schedule as the workshops for ages 9 – 12. The prices for these workshops are \$7.00.

Session One – Thursday, April 11, 9:15 – 10:30

Sgraffito Pottery– (12) Students will make small trays from slabs of clay, then use slip and sgraffito to decorate them. Slip is clay that has been watered down to a creamy consistency and can be colored. Sgraffito involves painting a layer of a different color slip on clay, then carving through it to reveal the different colored clay beneath. Slip and sgraffito were both used in decorating pottery at the time

people settled into Quiet Valley and both are still used today. Instructor: Joan Glusiec

Storytelling for Young'uns – (12) Join our storyteller in the barn and hear some tales of the farm that will make you laugh. Be prepared to help the storyteller by acting out the stories. It promises to be a fun time in the barn, so come join us. Instructor: Norallah Downing

Signs of Spring – (12) April is the perfect month to see spring arriving after a long, cold winter. Participants will be taking a walk around the farm and into the woods to look for those early signs of new life that are all around us, if we just look. We will be outside for this class, so please dress for the weather, and boots are recommended. Instructor: Cheryl Statham

Soap Making – (12) Students will be learning a basic history of the ancient art of soap making. Then they will be making their own bar of glycerin soap that they can take home with them. Instructor: Tina Matuic

Session Two – Thursday, April 11, 10:45 – 12:00

Dress-Up Tea Party - (10) Come in your fancy dress, and maybe your fancy hat, and participate in our Dress-Up Tea Party. Students will learn about the various foods that were served at a tea party and then get to sample them. It will be a very enjoyable time, so come and join the fun. Instructor: Kellcey Repsher

Kite Making - (5) It is spring, the perfect time to fly a kite. Here is your chance to fly a kite you made yourself! Students will be making a basic sled kite, which is the easiest kite to make. Wind permitting, they will then have a chance to try them out. Instructor: Deb Heilakka

Sheep, Sheep, Sheep – (8) Learn about the care and feeding of baby sheep and what purpose sheep serve on the farm. Meet the newest lamb on the farm and spend some time getting to know her. Instructor: Kristin Ransom

Simple Weaving – (6) Learn about the basics of spinning and weaving in this workshop. Participants will card the wool, try spinning and then do a simple weaving project by making a paper farm animal windsock. Instructor: Danielle Donaghy

Folk Music and Songs – (10) Students will begin to explore traditional folk melodies, songs, and instruments. Participants will learn some fun (new to them) old songs by singing along. They will also be able to play along on instruments such as a dulcimer and percussions. Instructor: Mary Lanterman

Session Three – Thursday, April 11, 12:45 – 2:15

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Goats, Goats, Goats – (12) This is your chance to find out everything that you ever wanted to know about goats. We will take a goat for a walk around the far, put on a play, make a goat craft to take home and hear some wonderful stories about these beautiful animals. Instructor: Flora Schubert

Paper Marbling – (12) The art of Paper Marbling is an old one, finding its origin in Asia and its use in many cultures through the centuries. In this class, students will learn the technique of creating paper designs of paint suspended in liquid. The resulting artwork is always unique, complex, colorful and beautiful. Word to the wise: dress for mess. Instructor: Becky Costanza

Introduction to Wool Crafts – (6) Wool was used to make a large variety of objects for years here on the farm. Students will start to learn one of them, rug

hooking. They will be making a small design using burlap and wool strips.
Instructor: Deb Heilakka

Session Four – Thursday, April 11, 2:30 – 4:00

Recess Games – (unlimited) Steal the Bacon, Run for Your Supper, Hunter and Hound, Tug of War, Potato Relay, In the Water and On the Shore; these were just a few of the games that children played at recess when at school. They required little or no equipment and burned off many calories. So come and discover the joys of group games.

Session One – Friday, April 12, 9:15 – 10:30

Weaving With Natural Materials – (10) Participants will gather grasses, sticks and other natural materials to weave into a Nature Wall Hanging! Participants do not need to bring any materials, but be prepared to take your wall hanging home.
Instructor: Sheri Bone

Stenciling – (8) This class will allow students to work with their hands to discover their creativity in stenciling. Make your painting tool and choose your stencil to cut and paint the image on the wood. Many patterns of stencils to choose from, and paints will be supplied in a rainbow of colors. Instructor: Cindy Lou Morris

Materials Fee - \$8.00

Natural Easter Decoration Workshop – (8) It is almost Easter, so that means it is time to make an Easter decoration. This item will be very special, because everything in it comes from nature. So, come and make something that is not only new, but is one of a kind. Instructor: Kathleen Mosier

Session Two – Friday April 12, 10:45 – 12:00

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Instructor: Sheri Bone

Apple Hand Pie – (6) Take home your very own delicious apple hand pie. We will learn about the life cycles of apples, hear apple stories, and create apple crafts. Plus you will bake from scratch your own rustic apple hand pie as they would have all those years ago on the farm. Instructor: Alexyss Schatzman

Making a Gourd Birdhouse – (6) Make something that the birds in your yard will thank you for – a new birdhouse. Participants will learn how to make one using a dried gourd, an item that was used to make many items during the history of this farm. This promises to be a very enjoyable class. Instructor: Allen Price

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Session Three – Friday, April 12, 12:45 – 2:15

Build a Terrarium – (10) A terrarium is a self-contained ecosystem in a small space. Participants will learn how to build a terrarium and how to maintain it. Wear clothes you do not care about, as you will be getting dirty. Instructor: Cheryl Statham **Materials Fee - \$10.00**

Biscuit Making – (8) Students will be making biscuits from scratch, learning how to mix up the recipe, roll out the dough and then using a cutter to ensure uniformity. There will be an opportunity to taste the biscuits with different types of toppings. Instructor: Darlene Repsher

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is the day of the Colonial Fair. Village people strive to quickly finish their work before they go to the fair. Servant Katie Cotswold is also hurrying to make her deliveries. She encounters various townsfolk that participants will enjoy meeting. Finally, she is off to the village square to join in the fun. A variety of colonial games are played by the folk in the village (that's you!). The day concludes with a rollicking and colorful Maypole dance. **This is a free program, but reservations are mandatory, as seating is limited to 40 people.** Instructor: Kitty Jones